



Being a Parent Course

Empowering Parents, Empowering Communities (EPEC)

Being a Parent

This 8 week course helps parents learn practical communication skills for everyday life and bring up confident, happy and co-operative children.

Starts: 22nd January 2020 (Intro session)
Wednesdays at 9.15am - 11.15am
Ends: 25th March 2020
(weekly excluding half-term)

Where: St Thomas of Canterbury Catholic
Primary School
Commonside East
Mitcham
CR4 1YG

This is a free course for Mums, Dads and carers of children aged 2-11. A limited crèche is available for babies and children.

For course bookings or crèche availability requests please contact:

Sophie Marc

Tel:

**If you have any further questions or to book a place,
please contact:**

The EPEC Project on 020 3228 3914
or Email: epec@slam.nhs.uk



The Centre for
Parent and Child
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South London and Maudsley 
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